

Love is not Love if it is does not serve and sacrifices

Love! The word itself is very difficult to understand. Swami Vivekananda in his talks (as quoted in complete works by swami Vivekananda) says that love is not very easy to understand. What is love? Is it the expression only between husband and wife? Or Can it happen with anybody sometimes we even say I love my Pen, Pencil, my house, etc. Is that expression, is of love or Is it mere attachment? Sometimes we also say I Love God. What is that Expression?

There is a difference between love and attachment. With attachment comes the expectation whenever, there is a feeling of in possession of the objects then it is not love but the attachment. When there is love, there are no expectations but only an expression of or feeling of seeing the beloved happy. Be it then husband or wife or mother or child or father or son or God. If there is love for God we are ready to do anything for God If there is love we just want to see beloved happy and out of love we are ready to sacrifice anything for beloved. For example, a mother is ready to give up everything for her child to live a happy, healthy and secured life. There she doesn't expect that her child will give anything in return. That is true love.

Swami Swaroopananda in his book "Love is it forever?" Says as Gurudev also has written in his "I love you" that love has four aspects Give, Give Give Care for all; concern for everything and respect and reverence and sacrifice! He also says that love is a hard work. Love can be nourished, it can be cultivated. Love grows out of sacrifice and service .It is very simple to understand.

Suppose that, we want to receive our convocation gold medal at the hands of our idol who is going to attend the upcoming convocation ceremony? Thus to achieve that gold medal, we work hard at times we sacrifice even our favorite movies bad habits, or of late night partying etc.

and that goal of good marks, first rank and gold medal. At the end of the studies we discover that we have developed affection towards the subjects, studies that were not friendly with us and sometimes is shown in the movie "Main Ho Na" where the actor Zayed khan does the assignment because someone else has sacrificed for him, his own assignment and while doing those the actor developed understanding and completed the assignment for 3 times. The same Mechanism applies for love as a hard work. Love becomes true love out of service, the selfless service. When one start serving the people around, the society around love starts serving the kindling in the bosom of the individual. One needs to even understand, what service here is! It is an attitude of helping other, an attitude of bringing joy to others lives. If someone is doing social work how much I have done for others that is not service, In Service, there is no doer ship. It is only attitude just flows through body, mind and intellect. Service thus is a very powerful technique for Vasanas exhaustion and to surrender at the lord's feet. Service is thus the very first duty of a Brahmachari who has started walking on this path of liberation. This service, an attitude of Selfless giving, an attitude out of concern, out of care for others, thus cultivates love, which is a not attachment.

Love is also the sacrifice. In sacrifice also there is no doer ship involved for example, if a husband gives up his drinking habit for the sake of family and every time whenever there is a conflict he is showing to his wife that see I feel like drinking , even then I am not touching it at all How much I have sacrificed for you? Then this attitude is not of sacrifice, Sacrifice can't be shown of. It is also an attitude that manifest through action as simply & swiftly as possible without coming to anybody's notice. Sometimes even the person who is doing sacrifice will also not come to know that he has made sacrifice.

The best possible sacrifice is for God. When one wants to walk on the path of liberation, then God can be achieved, only if there is perfect

attachment with God is achieved through establishing, nurturing & cultivating the qualities of a good adhikari into a Brahmachari. When there is love for the ultimate goal, the sacrifice of all bad qualities, wrong habits becomes automatic and natural. The same applies to any other relationship but when the expression of love directed towards highest goal, like towards God, towards nation, ~~and~~ then it becomes devotion. Devotion is possible only for highest goal, and not for any ordinary one. And first step to cultivate this is service and sacrifice. Service with selfless attitude to give joy to others and sacrifice of our wrong attitude that, "I am the doer." This alone cultivates love, the feeling of oneness – identification with the beloved! Without this service and sacrifice the actions performed are mere desire prompted actions, out of attachments with objects of desire & expectations love will bring joy, sacrifice, & service will fill the bosom ~~bosom~~ with happiness & satisfaction whereas attachment expectation will lead to misery & sorrow pain & hurt.

So serve all
Sacrifice for yourself
Love all and thus
Free yourself through Devotion!

Remember Devotion is "Sadhan" as well as "Sadhya". The moment you are filled completely with "Sadhya" The moment you are filled with completely with love for God you are through! So just serve sacrifice and Love! Give Love Get Love!

Om ShreeChinmayaSadgurave Namah

**~ With Love for Gurudev
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